Overview

Students will learn about the importance of telling a trusted adult if they see anything online that makes them feel sad, scared or confused. They practice giving advice to friends who are upset about something they saw online.

Materials / Preparation

- Video - “It’s OK to Tell”
- Computer lab or computer connected to an LCD projector
- Attachment 1 – Helping Friends Tell

25 minutes

Introduction

Ask students: Who do you tell if something makes you upset? Raise your hand if you tell your mom, dad, teacher, best friend, sibling, etc.

Tell students: Sometimes it is hard to tell a trusted adult if something bothers you. You may be embarrassed to tell or afraid that you’ll get in trouble. But not telling can cause problems, too, as Webster learns in this video.

Show students the “It’s OK to Tell” video.

Activity

After students watch the video, ask them why it was hard for Webster to tell Clicky and Tera what he saw online (Possible answers: He was embarrassed; he thought they would be mad; he thought they would blame him). Ask the students to think about what advice they would have given Webster to help him tell a trusted adult. Then have each student complete Attachment 1.

After they complete the worksheet, call pairs of students to the front of the classroom to act out the scenarios. Have each student in the pair take a turn being afraid to tell and a turn giving advice about telling a trusted adult.

Follow-Up

Download the “It’s OK to Tell” mini activities and printables on www.NetSmartz.org. Students can complete them in class or at home in order to learn more about telling a trusted adult.

Visit NetSmartz.org for more teaching materials.
Helping Friends Tell

Your friends were upset by something they saw online, but they don’t want to tell a trusted adult. Give each friend some advice to help them learn that it’s OK to tell.

Advice: It’s not tattling to tell an adult if something is bothering you. Your trusted adult can help if something is making you upset.

I don’t want to be a tattle-tale.

I don’t want anyone to know what I saw.

Advice: ___________________________
Advice: ______________________________

I'm afraid I'll get in trouble.

Advice: ______________________________

I wasn't that bothered by it.
Advice: __________________________

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Advice: __________________________

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Advice: ________________________________

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What if someone thinks I looked at it on purpose?