

Marshmallow Tower of Power

Get ready to build the marshmallow tower of power and learn about trusted adults.



You will need ↓

- Graham cracker squares
- Plate or napkin
- Regular-sized marshmallows
- **Your trusted adult!**

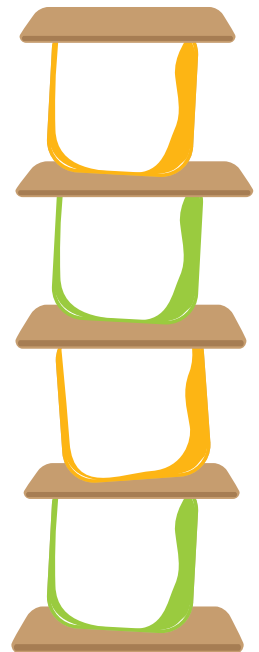
Instructions ↓

- 1** Place one graham cracker square on your plate.
- 2** Place one marshmallow in the middle of the graham cracker.
- 3** Repeat until your stack is at least 3 marshmallows high.
- 4** Write down the name of a trusted adult for each marshmallow in your tower.

Now, think about it :

What would happen to your marshmallow tower if you removed a marshmallow from the middle? It would fall!

All of the trusted adults you know are like marshmallows. They keep you from falling down when there's trouble in your life. The more trusted adults you know, the higher you can go! Now, see how high you can build your marshmallow stack. Can you think of that many trusted adults?





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Write down the name of a trusted adult for each marshmallow in your tower.

Example

Marshmallow

1

Trusted Adult

Mom

Marshmallow

Trusted Adult

Marshmallow

Trusted Adult

Marshmallow

Trusted Adult

Marshmallow

Trusted Adult

Marshmallow

Trusted Adult



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