



Clicky's Mini Burgers

Make Clicky's mini burgers a part of your summertime fun! Get your trusted adult to help you cook these delicious, bite-sized burgers.

Preparation Time: 10 minutes

Cooking Time: 6 minutes

Makes: 8 mini burgers

Instructions

- 1 Preheat the broiler.
- 2 In a large bowl, mix ground beef, Worcestershire sauce, oil, and salt until blended. Divide mixture into 8 balls. Roll the meat in your hands to make a meatball. Then, squish them between your palms to make a patty.
- 3 Place the patties on the broiler tray. Broil burgers about 3 minutes each side or until cooked through.



Ingredients

- » 1 pound lean ground beef
- » 1 tablespoon Worcestershire sauce
- » 2 teaspoons olive oil
- » ¼ teaspoon salt
- » 8 small, soft dinner rolls
- » 2-4 lettuce leaves
- » Tomato
- » Yellow mustard
- » **Your trusted adult!**

- 4 While the burgers are broiling, prepare your burger toppings. Have your trusted adult reading the following.

Tear the lettuce leaves and place them on the dinner rolls. Tell your child,

"This lettuce is green. Do you know what green means on a traffic light? It means GO. You should always go tell your trusted adult if something you see online makes you feel sad, scared, or confused."

Spread the yellow mustard on the dinner rolls.

Tell your child,

"This mustard is yellow. Do you know what yellow means on a traffic light? It means BE CAREFUL. You should always be careful when sharing personal information online, like your name. Ask your trusted adult first."

Slice the tomato and place one slice on each dinner roll.

Tell your child,

"This tomato is red. Do you know what red means on a traffic light? It means STOP. You should always stop and tell your trusted adult if someone you've met online asks you to meet face-to-face."

- 5 Place each burger on a dinner roll and enjoy!



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NCMEC-NetSmartz Workshop

Attn: Club UYN

699 Prince Street

Alexandria, VA 22314

or

E-mail a picture or scanned copy of it to:

clicky@netsmartzkids.org

Include your parent's or guardian's e-mail to be featured
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