

It's OK to Tell



Overview

Students will learn about the importance of telling a trusted adult if they see anything online that makes them feel sad, scared or confused. They will complete a craft activity and participate in a sing-along to remind them of this rule.



Materials / Preparation

- Video - "It's OK to Tell"
- Computer lab or computer connected to an LCD projector
- Attachment 1 - Megaphone Sing-along
- Crayons/markers
- Scissors
- Tape
- Decorative supplies, such as stickers, glitter, etc. (optional)



25 minutes



Introduction

Tell students: *We're going to watch a video about a boy named Webster who doesn't want to tell his trusted adults about something he saw online. As we watch the video, think about why Webster doesn't want to tell.*

Show students the "It's OK to Tell" video.



Activity

Tell students: *The children in the video had to be reminded that it's OK to tell. Why do you think they didn't tell right away?* (Possible answers: They were afraid they would get in trouble; they were too scared; they didn't think anyone could help them; they were confused.)

Tell students: *We're going to make our own megaphones to remind ourselves to tell if we see anything online that makes us sad, scared or confused.*

Have students complete Attachment 1.

Ask students: *What types of things can happen online that you should always tell a trusted adult about?* (Possible answers: If something online makes you sad, scared or confused; if you see something that isn't appropriate for kids; if someone online threatens to hurt you; if someone asks you to show them something private.)

Now have students sing the song "(Hey! Hey!) It's OK to Tell" through their megaphones.



Follow-Up

Download the "It's OK to Tell" mini activities and printables on www.NetSmartz.org. Students can complete them in class or at home in order to learn more about telling a trusted adult.



Megaphone Instructions

1. Write the names of some of your trusted adults on your megaphone.
2. Decorate and cut out your megaphone.
3. Roll it into the shape of a cone, overlapping the edges a little. Tape it together.
4. Now get ready to sing!

(Hey! Hey!) It's OK to Tell Lyrics

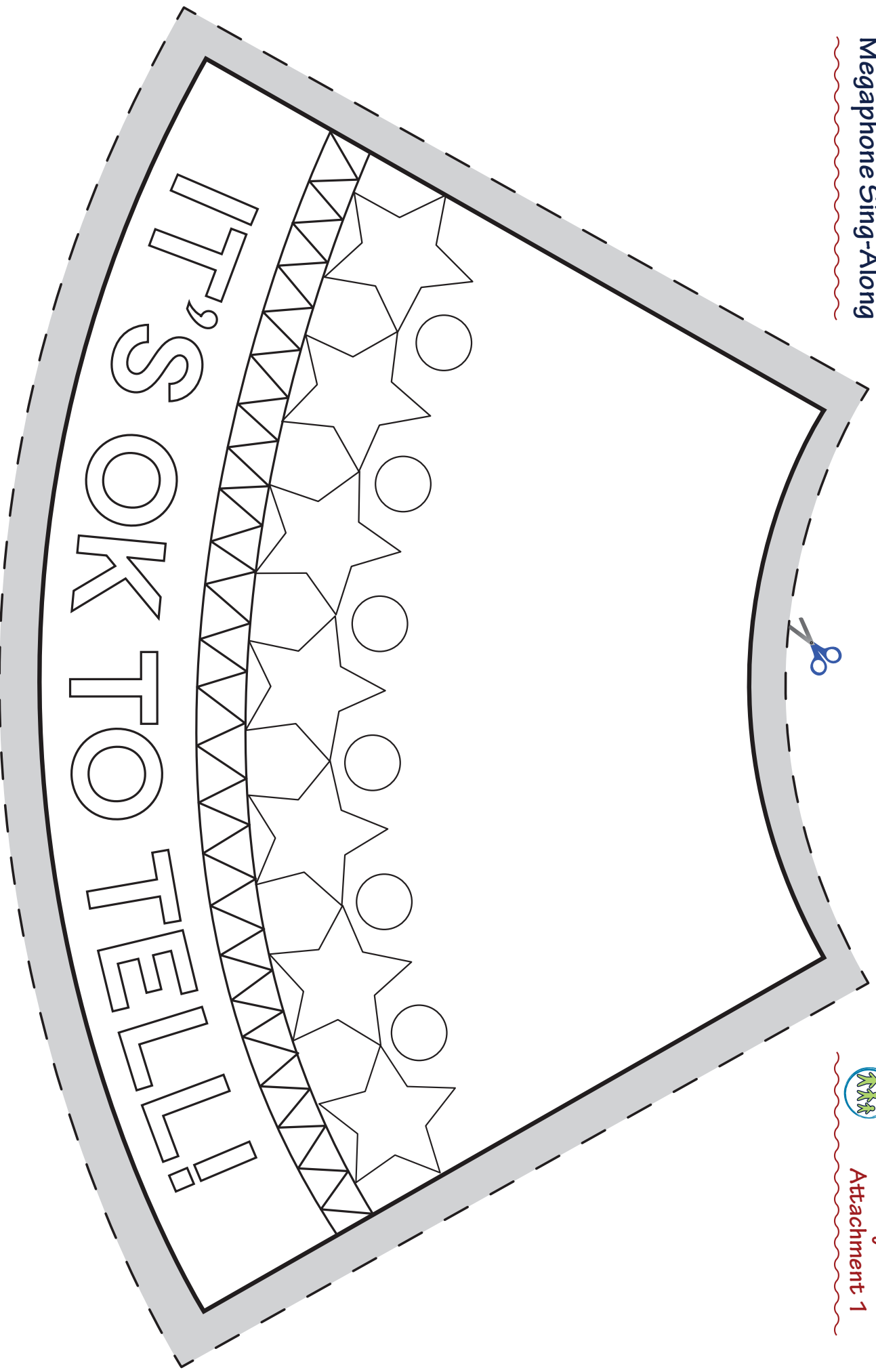
Chorus:

Hey! Hey! It's OK to tell — if you're feeling kinda mad.
Hey! Hey! It's OK to tell — if you're feeling just a little bit sad.
Hey! Hey! It's OK to tell — a friend or a trusted adult.
Know the rules! You'll be cool when you're home or at school.
Just remember — its never, ever your fault!

Verse:

No we're not looking, 'cuz we don't care!
We're NetSmartzKids! We don't get scared!
Try to show us something. Try to make us feel bad.
We'll tell a trusted adult, like our mom or dad.





Watch videos and play games at NetSmartzKids.org

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